



QUAKER VOLUNTARY ACTION WORKING RETREATS

QVA runs a programme of Working Retreats in Britain and Europe.

Meeting Houses and other organisations benefit from volunteers undertaking practical projects which might otherwise be unachievable. Participants share community life, do valuable work and take time for spiritual reflection.

INVITE QVA TO RUN A WORKING RETREAT AT YOUR MEETING OR VENUE

DAILY PROGRAMME

- Morning Meeting for Worship
- 3 hours Work
- 2 led Retreat sessions
- Free time & Social time
- Evening Epilogue

- Working and sharing together makes for a rich, rewarding and enjoyable community experience.
- Participants find the Working Retreat positive on many levels: physically, spiritually, socially and emotionally.
- An opportunity to have fun and fellowship with Friends locally, from across Britain and abroad.

An event can be for a weekend or up to 10 days
The number of participants varies from 6 to 16
Volunteers are all ages from 18 to 80+
Different levels of ability and experience are catered for
Members of the local Meeting are encouraged to participate

The kind of work undertaken includes:

Outdoor - gardening, tree-work, recycling systems, planting, paving, renovating
Indoor - painting, decorating, maintenance, cleaning, light carpentry

QVA :

- plans & publicises the event
- recruits volunteers
- facilitates the Working Retreat
- organises the catering
- covers personal accident insurance

Volunteers :

- commit to participate for the whole event
- arrange their own travel
- pay a fee to cover registration and food
- join in with the cooking and other chores

Host Meetings/Organisations :

- plan and prepare the work tasks
- supply tools and materials
- provide accommodation for volunteers on-site or in local Friends' homes
- provide cooking, eating and washing facilities
- make a room available for retreat sessions
- appoint a person to liaise with QVA
- may make a voluntary donation towards QVA running costs

If you are interested in inviting QVA to run a Working Retreat please contact:

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